



## RESULTS OF I'M THUMBODY STUDENT SURVEYS 2017-2018

For the 2017-2018 school year, a total of 1,184 children completed student surveys. These students attended 29 Broward County Public Schools. These included 9 from North Area, 10 from Central Area, and 10 from South Area. Although 21 additional schools participated in I'm Thumbody, they did not return any completed student surveys.

Classroom teachers were asked to administer the paper and pencil surveys to their students with the instructions to write 'yes' or 'no' to each statement and to complete the open-ended items including a statement about what they learned from the I'm Thumbody Program.

The concepts stressed during the program are respect for self, respect for others, responsibility for behavior and attitudes, and sources of safe help. Statements were designed to assess the retention of these concepts. The percentages of students who answered correctly are as follows:

### Respect for Self:

- |   |        |
|---|--------|
| 1. When I have good mental health, I like myself. (yes)                       | 96.0%  |
| 2. It's OK that I'm different from everyone else. (yes)                       | 96.2%  |
| 3. If I have trouble learning or doing something, I should just give up. (no) | 97.3%  |
| 4. When I do my best, I feel <u>bad</u> about myself. (no)                    | 93.90% |

### Respect for Others:

- |   |       |
|---|-------|
| 5. It's OK to make fun of people who can't do things as well as I can. (no) | 96.9% |
| 6. I know how to treat others with respect and kindness. (yes)              | 97.6% |
| 7. It's good to talk about my thoughts and feelings. (yes)                  | 93.3% |

### Responsibility for Behavior and Attitudes:

- |   |       |
|---|-------|
| 8. I need to think first and try to make good choices. (yes)    | 97.0% |
| 9. If I feel angry, then it's OK to say or do mean things. (no) | 94.9% |

### Sources of Safe Help:

- |  |       |
|--|-------|
| 10. There are teachers and people who work at school that I can trust (yes). | 94.8% |
| 11. The Thumbody Program helped me get along with other kids.                | 92.8% |

1,184 children surveys were administered. 900 (76%) of students provided the correct responses for all statements. 169 (4.3%) made one error, 110 (4.6%) made 2, 90 (2.5%) made 3, 64 (1.4%) made 4 errors. 1.2% had 5 or more mistakes. Some children were not proficient in English, and a few others seemed to intentionally select the wrong responses as a defiant behavior. Overall, the scores indicate that children do retain the concepts presented during the I'm Thumbody Program.

### **Responses from 2017- 2018 *I'm Thumbody* Student Surveys**

Children's exact words and spelling in response to the prompt: "The Thumbody Program taught me that ..."

- "Thinking positive is good for my mental health."
- "You don't do or say mean things to people when your mad."
- "How to beleve in my self."
- "To be nice to you and your self and be fair with other Treat others right."
- "Now I know how to cintrol my emoshons."
- "Taught me to be respectful to myself and others and it teach me to be responsible and to have good mental health and not bad mental health."
- "That to express self make good chocies."
- "To be respectful/Helpful/ and not to be negtive and be positive and they taught me to be kind everyday."
- "You should talk to people about your fillings."
- "You need to have self control when your angry to stop, calm down and talk about it."
- "I am somebody special and to always have good mentle helth and to respect others."
- "The Thumbody taught me to think before I do."
- ""To try and do your best and NEVER give up."
- "I don't have to be like everyone else that is OK."
- "It teached me to do not feel bad about myself."
- "Everybody is special and that nobody has the same finger print."
- "That no Body is perfect."
- "To give respect and to be kind to your self."
- "I have to be more kind and nicer and treat people how I want to be treated."